

PROFESSIONAL FOOTBALL PLAYERS VS. FEMALE TRACK ATHLETES

TOP 10 FASTEST NFL COMBINE PLAYERS 2025

RANK	NAME	POSITION	TEAM	40 YD DASH
1	Maxwell Hairston	Corner Back	Buffalo Bills	4.28
2	Matthew Golden	Wide Reciver	Green Bay Packers	4.29
3	Darien Porter	Corner Back	Las Vegas Raiders	4.30
4	Dont'e Thornton Jr.	Wide Reciver	Las Vegas Raiders	4.30
5	Bayshul Tuten	Running Back	Jacksonville Jaguars	4.32
6	Caleb Ransaw	Corner Back	Jacksonville Jaguars	4.33
7	Chimere Dike	Wide Reciver	Tennessee Titans	4.34
8	Jayin Lane	Wide Reciver	Washington Commanders	4.34
9	Jacob Parrish	Corner Back	Tampa Bay Buccaneers	4.35
10	Zah Frazier	Corner Back	Chicago Bears	4.36

SOURCE: <https://www.usatoday.com/2025/02/27/nfl-combine-40-yard-dash-tracker>

TOP 10 FASTEST WOMEN 2025

RANK	NAME	FEDERATION	100M TIME	40 YD DASH
1	Melissa Jefferson-Wooden	USA	10.65	4.26
2	Julien Alfred	Saint Lucia	10.75	4.30
3	Tina Clayton	Jamaica	10.81	4.33
4	Tia Clayton	Jamaica	10.82	4.33
5	Kyla White	USA	10.84	4.34
6	Twanisha Terry	USA	10.85	4.34
7	Jacious Sears	USA	10.85	4.34
8	Anthaya Charlton	Bahamas	10.87	4.34
9	JaMessia Ford	USA	10.87	4.34
10	Favour Ofili	Nigeria	10.87	4.34

SOURCE: <https://calculator.city/40-yard-dash-to-100m-calculator>

Note: The calculation above takes into the account that the Women have a .15 (.145) reaction time to the starting gun. The Men's timing begins on movement. We took the calculator time on 100M conversion directly then accounted for this fact in the conversion recognizing that the calculator had a slight miscalculation of .11 (above 11.00 100M time) to .14 (sub 11.00M time).

