

PROFESSIONAL NBA PLAYERS VS. FEMALE TRACK ATHLETES

AVERAGE OF TOP 10 NBA COMBINE RUNNING/MAX VERTICALS 2025

VS

AVERAGE OF TOP 10 FEMALE HIGH JUMPERS IN OLYMPIC GAMES 2024 (PARIS)

The average of the top10 running verticals in the 2025 NBA Combine was 39.9"

The average height of the Top 10 Female Olympic High Jumper's in Paris is 1.77M/5-9.75"

Top 10 female finalists average jump in the High Jump was 1.94M/6-4.25"

The average height cleared in the Paris Olympics 2024 of the Top10 female finalists in the High Jump was
1.94M/6-4.25"

The women on average jumped 16CM/6.5" ABOVE THEIR HEAD HEIGHT!!!

This means their running vertical is on average 40.25"

The Top 10 Women in the High Jump in The Paris 2024 Olympic Games had a better running vertical than the Top 10
Men in the 2025 NBA Combine!

We'll show you how to not only increase your players verticals but substantially increase them and have them
maintain those new heights for longer periods through the game and season!

SOURCE: [HTTPS://WORLDATHLETICS.ORG/RECORDS/TOPLISTS/SPRINTS/100-METRES/ALL/WOMEN/SENIOR/2025](https://worldathletics.org/records/toplists/sprints/100-metres/all/women/senior/2025)

SOURCE: [HTTPS://WWW.NBA.COM/STATS/DRAFT/COMBINE-STRENGTH-AGILITY](https://www.nba.com/stats/draft/combine-strength-agility)

